

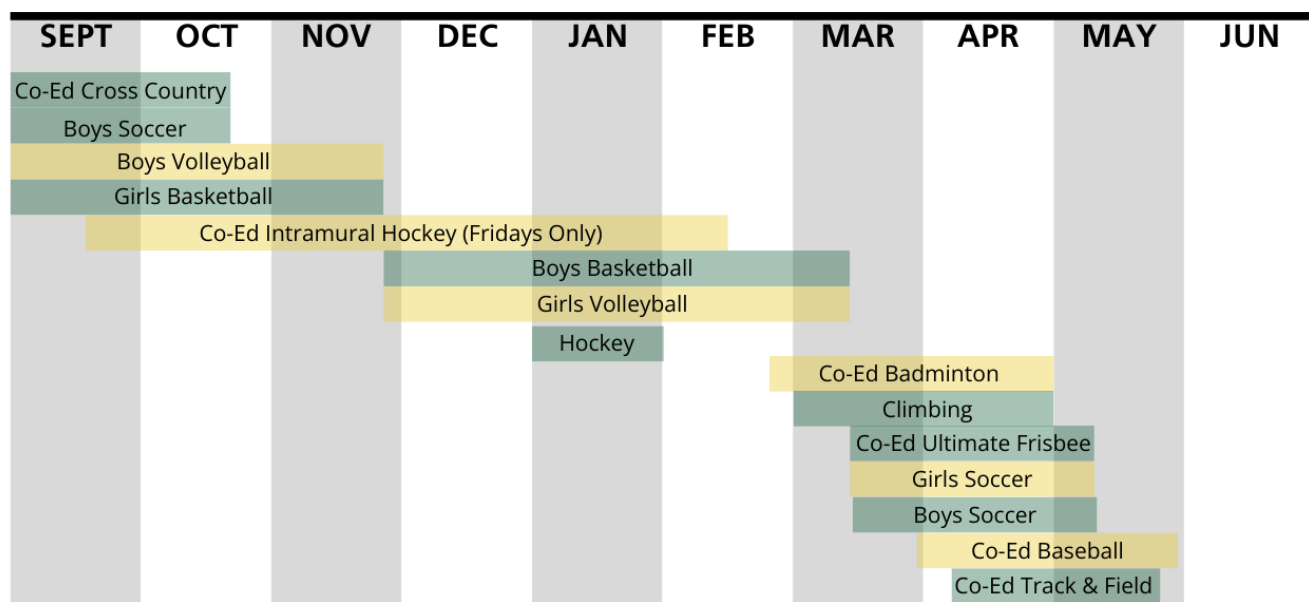


FALCON Sports @ TDChristian 2025-26

Team Calendar

TDChristian High School competes in a variety of sports in York Region (YRAA – yraa.com), Ontario Championships (OFSAA, when we qualify) and the Ontario Christian High Schools (OCSSAA). All teams are coached or run by staff members. Some teams also have a parent/guardian or community coach.

Access the up to date Athletics Calendar at: <https://tdchristian.ca/splash/athletics/>



Student Eligibility

- Students, typically, participate in one sport per season. However, if coaches, parents/guardians and teachers agree, students may be on more than one team per season.
- Student may only participate in one age division per sport per year.

For team sports:

Junior (grades 9 & 10)
Senior (grade 11 & 12)
Varsity (all grades)

For individual sports:

Novice (born 2011 or later, start high school this year)
Junior (born 2009 or later)
Senior (born 2008 or later, start high school after Aug. 2020)

Intramural Hockey League (TDCHIHL)

TDChristian runs its own intramural hockey league, the TDCHIHL, on Fridays before school (and maybe after school depending on numbers). Sign up sheets will be given out at the *Back in the Groove* night and are available on the Athletics Button of the Splash! page. If you have questions, contact Mr. Eric Vrieling at hockey@tdchristian.ca.

- This **co-ed, non-contact** league includes players of **ALL** skill and grade levels.
- Each team will have a staff member as a player and/or supervisor.
- The season ends with a single day playoff tournament.

Open Gym Times and Fitness Room

- Students may play in the gym before school and at lunch. Open gym is available from 8:30 a.m. to the beginning of school and throughout the entire lunch time.
- Due to safety and insurance issues, students may only use the fitness room with approved supervision. All students looking to use the weight room must fill out the 'Fitness Room Consent Form' that can also be found on the *Athletics Button of the Splash!* page under 'Helpful Links and Resources' OR the 'Forms and Info Sheets' Button on the *Splash!* page. The form also needs to be signed by a parent/guardian/or homestay. **Completed forms are to be submitted to the office before use of the weight room.**

Athletic Council

As in year's past we will put together an Athletic Council to support implementation of intramurals, scorekeeping home games, and running of the tournaments hosted by TDChristian throughout the school year. If this is something you are interested in becoming a part of send an Edsby message to Ms. Petrusma and Mr. Fernhout. More information will come out at the beginning of school.

Cross Country (Grades 9 to 12)

If you are interested in running, the Cross Country team is for you! Students from all grades who want to run competitively (or non-competitively) are welcome to be part of our team. Practices start at 7:30 a.m. every Monday and Wednesday, starting on Monday, September 8, and continue until the Christian Schools Cross Country meet and York Region Championships in October. Look for the morning announcements about the team during the first week of school.

Important Notes:

1. Girls Volleyball and Boys Basketball – Junior and Senior team tryouts will take place in early November.
2. Co-Ed Badminton, Co-Ed Ultimate, Co-Ed Track and Field, Varsity Boys and Varsity Girls Soccer, and Baseball run in the spring (usually beginning shortly after March Break).